

Measurement Tools

The Emory Itch Center has developed several tools to measure itch. These consist of surveys that allow patients to articulate the severity and impact of their itch. To use these instruments, please contact Dr. Suephy Chen (schen2@emory.edu) and Raj Guddneppanavar (rajsekhar.guddneppanavar@emory.edu).

1. **ItchyQoL** is a 22 item survey that asks about the functional (activities), emotional, and symptomatic impact of itch in adults. It has been translated into Azerbaijan, Chinese, Czech, US and Canadian English, Canadian French, French, German, Hungarian, Japanese, Polish, Spanish, and Turkish. It has been validated in English, German, French, Spanish, Italian, Polish, Japanese and Turkish. Pediatric versions are being developed. For more information on this measurement tool, please click [HERE](#).
2. **ItchyQuant** is a cartoon annotated numeric rating scale that allows patients to rate the severity of their itch with a number. Similar to other numeric rating scales, the cartoons allow for meaning to be assigned to the numbers. This approach may be helpful in patients who have cognitive difficulties, such as children, the elderly, and those where English is a second language. Thus far, the ItchyQuant has been validated in cognitively intact adults. For more information on this measurement tool, please click [HERE](#).